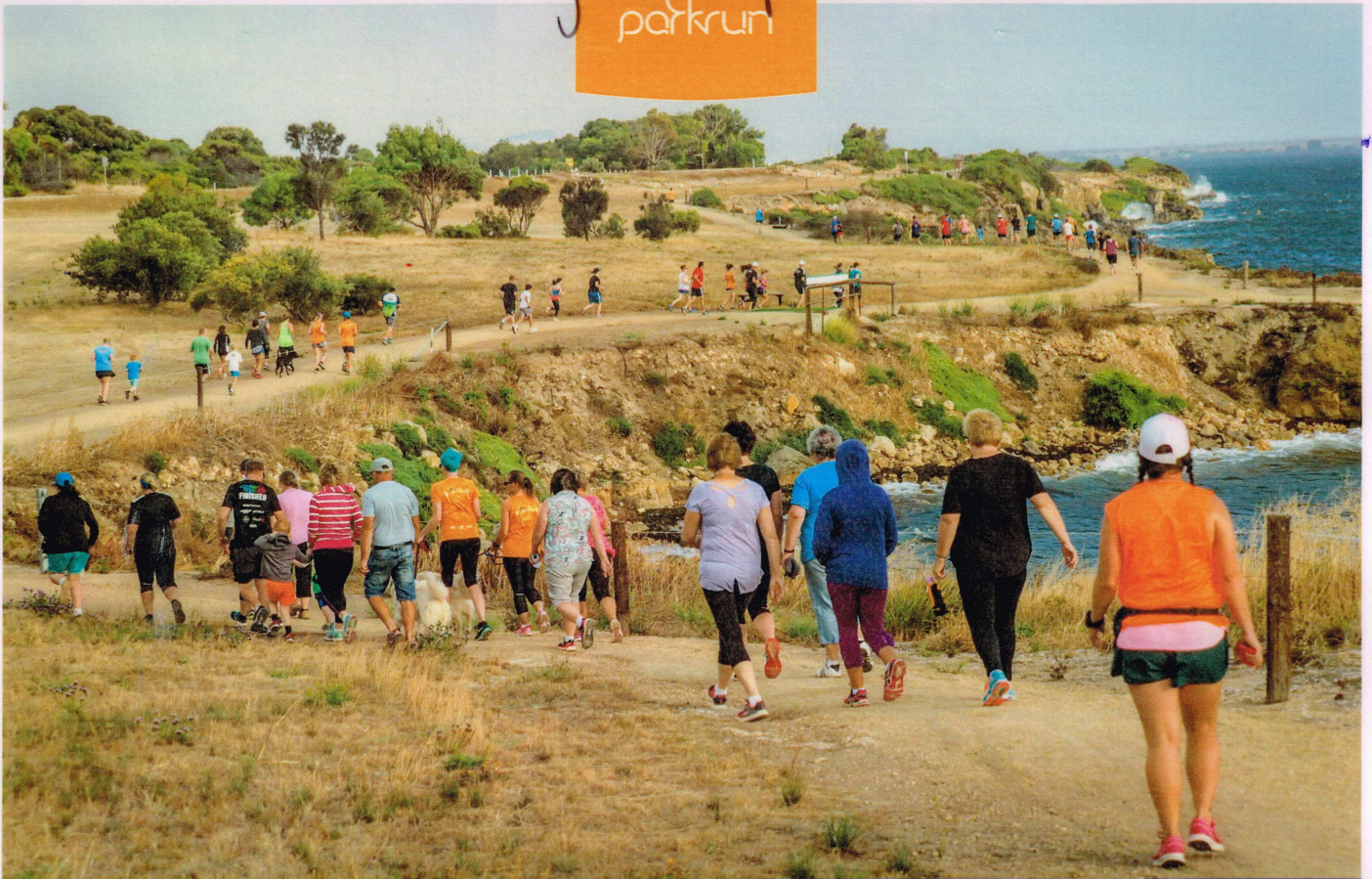


Port Augusta parkrun !!
parkrun



JOIN THE PARKRUN FAMILY

WALK, JOG, RUN, VOLUNTEER

or simply come and watch – it's up to you!

FRIENDLY, ENJOYABLE 5K EVENTS

Every Saturday morning

FUN FOR ALL THE FAMILY

Dogs and prams can take part

IMPROVE HEALTH & FITNESS

Be active in the open air

DEVELOP NEW SKILLS

Opportunities to volunteer

FREE & EASY TO TAKE PART

No need for special equipment or clothing

YOU DON'T HAVE TO RUN

Walkers are always welcome

BE PART OF A COMMUNITY

Make new friends and socialise

BUILD CONFIDENCE

Track progress and achieve new goals

notes:

⌘ ⌘ Launches on Saturday 23rd June ⌘ ⌘
07.45am Eastside Foreshore under Joy Baluch bridge

Register at parkrun.com.au
and head down to your local event!

then every Saturday morning!